

# REGISTRATION FORM



**CONTACT INFORMATION:**

Name \_\_\_\_\_ Spouse Name \_\_\_\_\_ Zip \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Email \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Gender: Female \_\_\_\_\_ Male \_\_\_\_\_ Is this your first Mates Retreat? Yes \_\_\_\_\_ No \_\_\_\_\_

**APPOINTMENT:**

CHURCH \_\_\_\_\_  
 District: \_\_\_\_\_ Atlantic Central \_\_\_\_\_ East Central \_\_\_\_\_ Gulf Central \_\_\_\_\_ North Central \_\_\_\_\_ South Central \_\_\_\_\_  
 \_\_\_\_\_ North East \_\_\_\_\_ North West \_\_\_\_\_ South East \_\_\_\_\_ South West \_\_\_\_\_

**GROUPS:**

ENRICHMENT GROUP (Friday 10:15 AM-Noon)

1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_

ACTIVITIES OPTION (Friday 1-6 PM) 1A. \_\_\_\_\_ 1B. \_\_\_\_\_ 1C. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

*(Place an "X" beside your choice(s))*

**I have a guitar that I will bring. Yes \_\_\_\_\_**

**CONFIDENTIAL FINANCIAL ASSISTANCE AVAILABLE Please contact Martha Gay Duncan, 863-559-0953, before mailing registration form.**

## GENERAL INFORMATION

**QUESTIONS??**

Judy Renault  
 Phone 352 567-5471 or Email: jrena@earthlink.net

**ACCOMMODATIONS**

The Life Enrichment Center (LEC) is a motel-like facility with twin beds; linens and towels provided.

Roommate? \_\_\_\_\_  
 Like to Room with 1st Time Mate? \_\_\_\_\_

*Indicate Yes or No:*

Handicap accessible? \_\_\_\_\_ 1st Floor? \_\_\_\_\_  
 Nursing baby? \_\_\_\_\_

**COSTS**

AT THE LEC:	Share a Room	\$140.00
(incl. meals)	Single Room	\$184.00

**NOT STAYING AT THE LEC:**

**Registration fee \$ 40.00**

Please circle to reserve meals if not staying at the LEC:

Thursday dinner	\$ 11.00
Friday breakfast	\$ 7.00
Friday lunch	\$ 8.00
Friday dinner	\$ 11.00
Saturday breakfast	\$ 7.00

I'd like to donate to the Retreat: \$ \_\_\_\_\_

TOTAL ENCLOSED: \$ \_\_\_\_\_

**Register by September 30, 2010**

**Make check payable to:  
 FLORIDA CONFERENCE TREASURER  
 Register online or detach form and mail to:**

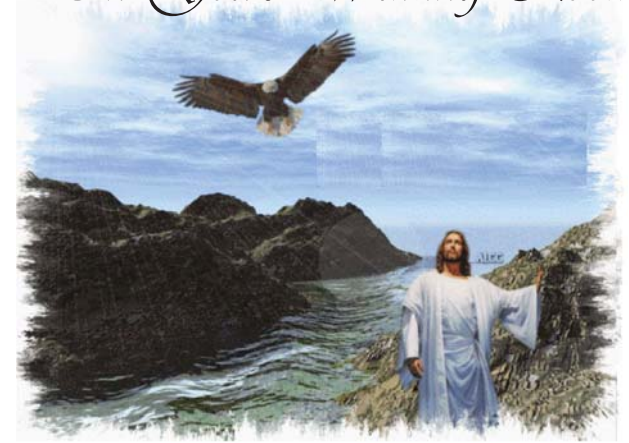
The Florida Conference Building  
 Heidi Leab  
 450 Martin Luther King Jr Ave.  
 Lakeland, FL 33815-1522

***No phone registrations please.***

Registrations mailed after Oct. 1, 2010  
 must include a \$5 late fee.  
 Cancellations must be in writing.  
 No refunds after Oct. 15, 2010

Registration Form (cut here)

## *Gathering Strength In God's Waiting Room*



*But they that wait upon the LORD shall renew their strength;  
 they shall mount up with wings as EAGLES, they shall run,  
 and not be weary; and they shall walk, and not faint.*

Isaiah 40:31

## 2010 MINISTER'S MATES RETREAT

NOVEMBER 4, 5, 6, 2010

THURSDAY-SATURDAY

LIFE ENRICHMENT CENTER



*Relax & refresh on the  
 shores of Lake Griffin  
 4991 Picciola Road  
 Fruitland Park, FL 34731*

## A MESSAGE FROM MELBA WHITAKER

Spouse of Florida UMC Conference Bishop  
Timothy Whitaker

Dear Fellow Mate,

As the wife of the Bishop, I want to encourage you to attend the annual retreat for all of the Ministers' Mates of the Florida Conference.

As the spouse of a Minister, you are continually taking care of others. You uniquely live out your faith as pastor's spouse, nurturing your children, serving in the church, working in your vocation and/or volunteering in the community. As you attend to all the needs of family, church, profession and/or community, often your own personal needs are neglected. The Retreat is an ideal opportunity to do something special for yourself, in the peaceful and relaxing setting of the Life Enrichment Center in Leesburg. The Ministers' Mates Retreat is a special time to come together and connect with other mates whose spouses serve in local churches, extension ministries, or are retired.

You will be blessed as you take time away for renewal, refreshment, and to grow spiritually in a "safe" setting.

For the first time, this year you can register for the retreat online. To register or to download a brochure, please go to the Conference website, [www.flumc.org](http://www.flumc.org). click on "Calendar" at top of page, go to event date (Nov. 4-6, 2010) and click on the "Register" button.

Please don't try to walk out this journey alone. You have friends who truly understand what you are experiencing, because they are on the same journey.

May God's richest blessings be upon you!

In His Love,

Melba Whitaker

## KEYNOTE SPEAKER

Susan Gray is the wife of Mike Gray and mother to Kinsey and Courtney, who are in college, and Brad, a high school student.

Currently serving as Assistant Pastor at First UMC of Jupiter-Tequesta, she is a certified candidate



for ministry pursuing ordination as an Elder in the Florida Conference. Susan is presently a senior at Asbury Theological Seminary in the Master of Divinity degree program.

In the past 15 years Susan has led or participated on leadership

teams for over 15 women's retreats. Her heart is for spiritual formation and for women coming together to support and encourage one another and especially finds deep meaning and joy when women gather for sacred purposes.

When women of all ages come together and share in one another's faith journeys incredible things happen. Joy, laughter and love always abounds as spirits awaken, renew, strengthen and soar.

Wherever you are in your spiritual life it is my deepest prayer that you will come and join us as we journey together as women of faith yearning after God.

Want to connect with other Ministers' Mates all year?  
Go to [www.facebook.com/FloridaConferenceUMMinistersMates](http://www.facebook.com/FloridaConferenceUMMinistersMates)  
Stop by our table at Annual Conference,  
say hi and sign up for Facebook.

## RETREAT SCHEDULE

### THURSDAY, NOV 4

4-6 PM Fellowship/Registration in Gold Room  
Sign-up for Friday afternoon Massages  
6 PM Dinner  
7 PM Welcome and Fun Night

### FRIDAY, NOV 5

7:30 AM Breakfast  
8:30-10 AM Worship and Morning Session  
10:15-11AM 1st Enrichment Group  
11:15-NOON 2nd Enrichment Group

### continued, FRIDAY, NOV 5

NOON Lunch  
1-6 PM Free Time or Activities Option  
6 PM Supper  
7-9 PM Worship and Evening Session  
9:15 PM Singing 'round the campfire and s'mores

### SATURDAY, NOV 6

7:30 AM Breakfast  
8:30-11AM Closing Worship and Communion

## ENRICHMENT GROUPS (Choose Two - Scheduled 10:15 am-Noon on Friday morning.)

- 1) BIBLE STUDY: Let's Come Together with the Hope that Saves and Dwell in His Word.  
*Led by Kaye Ball*
- 2) FACEBOOK: A Hope Connection. Do you want to learn more about FB and connect with Friends? Extras laptops may be available, but if possible bring your own.  
*Led by Kim Fisackerly*
- 3) CRAFT: Hopeful Creations. Make New Creations out of towels, washcloths, and hankies. Bring \$10 for Supplies.  
*Led by Darlene Waller*
- 4) QUIET TIME: Discover Hope & Renewal. This is your personal time to to relax and re-energize.  
*Led by the Spirit of God*

## ACTIVITY OPTIONS (Choose as many as you want - Scheduled 1-6 pm on Friday afternoon)

- (1) 1-6 PM Melt away stress with the Massage of your choice.

**IMPORTANT:** Please indicate the massage you'd like to have with this Registration and pay at sign-in on Thursday. This helps us plan the number of masseuses needed. You may sign up for a massage on Thursday ONLY if there are appointment slots still available.

A.	Chair Massages	\$20. - 15 minutes
B.	Upper Body Table Massages	\$30. - 30 minutes
C.	Full Body Massages	\$50. - 60 minutes

- (2) 1-3 PM Love your Skin. *Led by Becky Owens*

Learn how to care for your skin, be made beautiful with a Mineral Makeover, or pamper your hands & feet using spa treatments you can do yourself

- (3) 1-6 PM Scrapbooking. *Led by Susan Johnson*

This class is open all weekend with ongoing demos and beginner instructions to get started even if your pictures are on your laptop! Tools provided and some supplies available to buy. Bring \$5.

- (4) 1-6 PM Free Time: Join your fellow Mate "shoanistas" for a trip to the mall, see a movie, relax with a pedicure, or enjoy the stillness of the camp on your own.